**Victory Tae Kwon Do Academy**

**www.victroytkdcenter.com**

**PROMOTION TEST APPLICATION (Current Belt: \_\_\_\_\_\_\_\_\_\_)**

|  |  |
| --- | --- |
| Name: | DOB: |
| Email Address: | |
| Cell Phone Number: | |
| Remarks: | |

|  |  |  |
| --- | --- | --- |
| **Physical and Technical Aspects** | A B C Basic Punch 1, 2, & 6 | **Pass/ Fail** |
| A B C Kicking Combination |  |
| (Round House Kick & Slide Back & Jumping Back  Swing Kick) |  |
| A B C Breaking (Slide Back ==Motion  Only & Jumping Back Side Kick) |  |
|  |  |
| A B C Work Out |  |
| (Jumping Jack, Push up, Sit up, Squat down x 10) |  |
| A B C Extra Point |  |
| (Horse Riding Stance, Punch Position) |  |
| **Mental and Moral Aspects** | A B C Focus |  |
| A B C Discipline |  |
| A B C Ki Hap |  |
| A B C Question |  |
| **Overall** | A B C General Remarks |  |

**Do Not Write Below This Line**

**TESTING INFORMATION**

**Question: What are the three basic points to remember in Tae Kwon Do?**

|  |  |
| --- | --- |
| **TESTING DATE & TIMES**  **Oct 28th (Wed) @ 5:30pm**  **Or**  **Oct 29th (Thurs) @ 4:30pm** | **TESTING FEE**  **$50** (Online Testing Only) |

**Answer: Eye Focus, Good Balance, and Loud/Strong Ki Hap, Sir!**

**\*\*** Fill out the Basic Information at the Top

**\*\*** Provide the Answer to the Question

**\*\*** Circle or Highlight the Testing Date